

EVERY **YELLOW JACKET** COUNTS

IF YOU OR A FELLOW YELLOW JACKET IS IN DISTRESS,
OUTSIDE OF NORMAL SCHOOL HOURS, PLEASE
CONSULT THE FOLLOWING RESOURCES

In an Emergency, Call 911

HillsboroughSchools.org/MentalHealth

Crisis Resources

- 2-1-1 Tampa Bay- Information & Referral and Crisis Counseling
 - 211atyourfingertips.org
 - 211
- Crisis Center of Tampa Bay:
 - crisiscenter.com
 - 813-964-1964
- Suicide Prevention Lifeline:
 - 1-800-273-TALK
 - 1-800-799-4889 (TTY)
- Gracepoint
 - gracepointwellness.org
 - 813-272-2244
- Dacco (Substance Abuse)
 - dacco.org
 - 855-322-2600

- The Spring Crisis Hotline
 - 813-247-SAFE
 - 813-749-8764

Crisis Text Options

- Crisis Text Line
 - Text Hello to 741741
- YouthLine
 - Text teen2teen to 839863
- RemedyLive
 - Text Remedy to 494949
- Military Helpline
 - Text MIL1 to 839863
- TrevorText (LGBTQ+)
 - Text START to 678678

